Program Events

SEPTEMBER 12:
Sleep 101 – The ABC of Getting your ZZs: A Guide to Achieving Blissful Rest. Steven F. Nagel
Noon – 1 PM, UC Davis School of Medicine, Medical Education Building Room 322A & B, Sacramento Campus

SEPTEMBER 13:
Reorientations, Painting in Roma and Umbria 4 – 6 PM, Education Abroad Center, 207 Third Street

SEPTEMBER 15:
The BUZZ – Office of Campus Community Relations Reception 6 PM – 10 PM, The Quad

OCTOBER 12 - NOVEMBER 1:
Education Abroad Center Photo Essay Contest For more information and to submit entries, visit http://ecr.ucdavis.edu/photoessay@kim.dl

OCTOBER 13:
Does God Want Me To Be Happy? An Exploration of the Data on Happiness and Religion
Robert Emmons, Psychology
12:10 PM – 1 PM, Garrison Room, Memorial Union

OCTOBER 13:
Got Bliss? A Conversation about the Personal Meaning of Wellness and Strategies on Achieving and Maintaining It
Andrew Saron, Psychiatry and Behavioral Sciences
NOON – 1 PM, Education Building Room 1204, Sacramento Campus

OCTOBER 15:
The Philosophy of Bliss
Gerry M. Kaplan
12:10 PM – 1:30 PM, Max Room, Memorial Union

OCTOBER 20:
Blissful Thinking - From Disorders to Well-being
Sergio Aguilar-Gaxiola, Center for Reducing Health Disparities
NOON – 1 PM, Education Building Room 1204 Sacramento Campus

OCTOBER 22:
Humber and Bliss
Karen Wyckoff, UC Davis Writing Program
4:10 PM – 5:30 PM, Garrison Room, Memorial Union

OCTOBER 27:
Are We There Yet? A Closer Look at the Virtue of Patience in our Quest for Happiness
Sarah Schnake, Psychology
12:10 PM – 1 PM, Garrison Room, Memorial Union

OCTOBER 29:
Career Catalyst Series: Career Bliss – Finding Happiness at Work
Corina Caloisa Moore, Staff Development and Professional Services
Mixed-Vilalotions, Office of Campus Community Relations
NOON – 1 PM, Cabinet Room, 5th Floor

NOVEMBER 3:
Considering the Geography of Bliss
Peg Swain, Women’s Resource and Research Center & Women’s Center Studies Program
Laura Grundstoff, Sociology & Consortium for Women and Research
Jin-Hee Song, Cultural Studies and Valerie Vaughn, Government
12:10 PM – 1:30 PM, 126 Voorhis

OCTOBER 23:
“Blissland – The Happiest Places in the World”
Introduction to Documentary Studies (TCS 155), Technical Studies
Screening at 7 PM

BOOK DISCUSSION

NOVEMBER 15:
The University Unitarian Church of Davis, 27774 Patwin Road, Davis, 1 PM – 3 PM. Contact Kirk Ridgeway at klridge@comcast.net for more information

2009-2010
CAMPUS COMMUNITY BOOK PROJECT

One Grump’s Search for the Happiest Places in the World
THE GEOGRAPHY OF BLISS
ERIC WEIMER

“Our happiness is completely and utterly intertwined with other people... happiness is not a noun or verb. It’s a conjunction. Connective tissue.”
– Eric Weiner, The Geography of Bliss

DECEMBER 1:
Why Republicans Are So Happy (And Other Tales from the Science of Happiness)
A Panel Discussion with Eric Weiner and UC Davis Faculty
4 PM – 5 PM, Jackson Hall, Robert and Margrit Mondavi Center for the Performing Arts

DECEMBER 1:
Author’s Talk: Geography of Bliss
8 PM – 9:30 PM, Jackson Hall, Robert and Margrit Mondavi Center for the Arts

DECEMBER 1:
Book Signing by Eric Weiner
9:30 PM, Rumsey Rancheria Grand Lobby, Robert and Margrit Mondavi Center for the Performing Arts

OCCR THANKS OUR UC DAVIS CO-SPOKES: American Studies, Campus Unions, Center for Mind and Brain, Center for Reducing Health Disparities, Counseling and Psychological Services, Consortium for Women and Research, Cultural Studies, Education Abroad Center, Environmental Design, Geography Health Education and Promotion, Human and Community Development, Humanities Institute, Internal Medicine, Landscape and Architecture, Neurology, Nutrition, Philosophy, Psychiatry and Behavioral Sciences, Psychology, Robert and Margrit Mondavi Center for the Performing Arts, Sociology, Staff Development and Professional Services, Student Housing, School of Medicine, Technological Studies, UC Davis Bookstore, UC Davis Health System, University Outreach and International Programs, University Relations, University Writing Program, Women and Gender Studies Program, Women’s Resource and Research Center.
AND OUR COMMUNITY CO-SPOKES: MindBody Intelligence Consulting, University Universalist Church of Davis